

## starters

<b>chorizo</b>	grilled Argentine sausage	<b>3.50</b>
<b>empanadas</b>	choice of: beef, chicken, spinach, ham & cheese, or cheese & onion	<b>3.00</b>
<b>empanadas combo</b>	four cocktail size assorted empanadas	<b>7.95</b>
<b>tortilla de papa</b>	Argentine potato & onion quiche	<b>3.25</b>
<b>tortilla de zapallitos</b>	Argentine zucchini & onion quiche	<b>3.50</b>
<b>morcilla</b>	two grilled traditional blood sausages	<b>5.00</b>
<b>sopa de vegetales</b>	pureed carrot & potato soup	<b>5.00</b>
<b>vegetales a la parrilla</b>	grilled zucchini, eggplant, mushroom, onion, red & green bell peppers	<b>5.95</b>
<b>provoleta</b>	melted provolone cheese topped with salsa & oregano	<b>6.95</b>
<b>sarten de champignons</b>	skillet of sautéed mushrooms in white wine, parsley & garlic	<b>6.95</b>
<b>mollejas</b>	grilled, thinly cut choice beef sweetbreads	<b>8.95</b>
<b>calamar frito</b>	lightly breaded, crispy calamari rings	<b>11.95</b>
<b>combo appetizer</b>	choice of three empanadas & one tortilla de papa & one chorizo	<b>14.95</b>

## salads *add white beans 2.00, chicken or sausage 3.00, add salmon 6.00/10.00*

<b>mixta</b>	lettuce, tomato & onion, tossed with our house dressing	<b>4.95</b>
<b>el cesar</b>	fresh romaine & iceberg lettuce, parmesan cheese & croutons, tossed in classic Caesar dressing	<b>half 5.95 whole 7.95</b>
<b>rugola</b>	arugula, lettuce, spinach, tomato & parmesan cheese, tossed with house dressing	<b>half 6.95 whole 8.95</b>
<b>porotos</b>	red and white beans white beans, baby mixed, iceberg and romain, onion, tomato and feta cheese tossed with a spicy low fat vinaigrette	<b>8.95</b>
<b>griega</b>	lettuce, tomato, cucumber, red onion, black olive, red & green bell peppers & feta cheese, tossed with house dressing	<b>9.95</b>
<b>ventura</b>	chopped grilled chicken, lettuce, tomato, spinach, warm rice & low fat mozzarella cheese, tossed with low fat vinaigrette	<b>9.95</b>
<b>melrose</b>	chopped grilled chicken with lettuce, tomato, onion, feta cheese & warm rice tossed in spicy honey mustard dressing	<b>half 9.95 whole 10.95</b>
<b>tango</b>	sliced grilled chicken breast brushed with a home-made dijon sauce, on a bed of spinach, mushroom & tomato, tossed with our house dressing	<b>11.95</b>
<b>con salmon</b>	grilled, fresh filet of salmon brushed with home-made dijon sauce, on a bed of baby mixed greens, tomato & onion, tossed with balsamic vinaigrette	<b>15.95</b>
<b>con mahi mahi</b>	grilled, wild caught, mahi mahi brushed with olive oil & garlic, on a bed of baby mixed greens, tomato & onion, tossed with balsamic vinaigrette	<b>17.95</b>
<b>con entraña</b>	grilled, thinly cut Certified Angus Beef skirt steak on a bed of spinach, mushrooms & tomato, tossed with house vinaigrette	<b>22.95</b>

## vegetarian *served with choice of french fries, rice, mashed potatoes, or salad*

<b>sandwich de vegetales</b>	grilled eggplant & zucchini with lettuce, tomato, feta cheese & Argentine sauce	<b>7.95</b>
<b>veggies al plato</b>	grilled zucchini, eggplant, mushroom, onion, red & green bell peppers, served with rice, mashed potatoes & salad	<b>8.95</b>
<b>brochette de vegetales</b>	two skewers of grilled zucchini, eggplant, mushroom, onion, bell peppers	<b>9.95</b>

## sandwiches *served with choice of french fries, rice, mashed potatoes, or salad add cheese 2.00*

<b>chorizo</b>	two grilled Argentine sausages with lettuce, tomato & Argentine sauce	<b>9.95</b>
<b>pollo</b>	grilled chicken breast with lettuce, tomato & Argentine sauce	<b>10.95</b>
<b>picante</b>	grilled spicy chicken breast with lettuce, tomato & Argentine sauce	<b>11.95</b>
<b>hamburguesa</b>	grilled Certified Angus Beef hamburger with lettuce, tomato, mayo & Argentine sauce	<b>11.95</b>
<b>milanesa</b>	thinly cut steak, breaded & lightly fried with lettuce, tomato & mayo	<b>12.95</b>
<b>suprema</b>	boneless chicken breast, breaded & lightly fried with lettuce, tomato & mayo	<b>12.95</b>
<b>hamburguesa de salmon</b>	grilled homemade salmon burger with tomato chimichurri and tartar sauce	<b>12.95</b>
<b>lomito</b>	grilled thinly cut Certified Angus Beef skirt steak with lettuce, tomato & Argentine sauce	<b>14.95</b>

## pastas *add chicken, sausage, or bolognese 3.00 add salmon 6.00*

<b>cabello de angel</b>	angel hair pasta, tossed with olive oil, fresh tomato, basil & garlic	<b>9.95</b>
<b>penne salsa blanca</b>	penne pasta sautéed in a light cream sauce	<b>9.95</b>
<b>canelones</b>	rolled pasta filled with ricotta cheese & spinach in a creamy tomato sauce	<b>10.95</b>
<b>ñoqui</b>	potato dumplings pasta in a creamy tomato sauce	<b>10.95</b>
<b>ravioles de vegetales</b>	ravioli stuffed with mixed grilled vegetables in a creamy tomato sauce	<b>12.95</b>
<b>penne con calamar</b>	penne pasta sautéed with calamari & zucchini in a light creamy tomato sauce	<b>13.95</b>
<b>ravioles de langosta</b>	ravioli, stuffed with lobster meat & spices in a light cream sauce	<b>14.95</b>

## beef *all steaks are grilled. served with choice of french fries, rice, mashed potatoes, or salad. Lala's steaks are aged a minimum of 25 days*

<b>costilla</b>	Choice ribeye steak	<b>19.95</b>
<b>gaucho</b>	Choice ribeye steak topped with grilled onions, garlic parsley & anahaim pepper	<b>22.95</b>
<b>entraña</b>	Certified Angus Beef skirt steak	<b>22.95</b>
<b>entraña al ajo</b>	Certified Angus Beef skirt steak topped with sautéed garlic & parsley	<b>23.95</b>
<b>bife encebollado</b>	Certified Angus Beef skirt steak topped with grilled onions, garlic & parsley	<b>25.95</b>
<b>bife de chorizo</b>	Choice New York steak	<b>half 18.95 whole 22.95</b>
<b>lomo</b>	Choice center cut filet mignon	<b>26.95</b>
<b>tabla de carnes</b>	(for 2-3 people) Certified Angus Beef skirt steak, New York steak & center cut filet mignon, served with two sides	<b>24oz 60.95 29oz 63.95</b>

## seafood *all seafood is grilled and served with rice*

<b>salmon</b>	fresh filet of salmon	<b>15.95</b>
<b>salmon dijon</b>	fresh filet of salmon brushed with homemade dijon white wine sauce	<b>17.95</b>
<b>salmon pampas</b>	fresh filet of salmon topped with grilled tomatoes. olive oil and garlic	<b>18.95</b>
<b>mahi mahi</b>	brushed with olive oil & garlic	<b>17.95</b>
<b>mahi mahi popeye</b>	brushed with olive oil & garlic, topped with sautéed spinach	<b>20.95</b>

## chicken *all chicken is grilled & boneless unless noted; skinless by request. served with choice of french fries, rice, mashed potatoes, or salad*

<b>1/2 pollo a la brasa</b>	half chicken on the bone marinated lemon-orange	<b>10.95</b>
<b>1/2 pollo picante</b>	half chicken on the bone brushed with homemade picante sauce	<b>11.95</b>
<b>pechuga de pollo picante</b>	lemon-orange marinated chicken breast	<b>10.95</b>
	chicken breast brushed with homemade picante sauce	<b>11.95</b>
<b>a la provenzal</b>	chicken breast topped with sautéed garlic and parsley	<b>11.95</b>
<b>pechuga dijon</b>	chicken breast brushed with homemade dijon-white wine sauce	<b>11.95</b>
<b>al champignon</b>	chicken breast topped with sautéed mushrooms in a light, red wine cream sauce	<b>12.95</b>
<b>pechuga napolitana</b>	chicken breast topped with basil tomato sauce and melted cheese	<b>13.95</b>
<b>a la cebolla</b>	double chicken breast topped with grilled onions & garlic	<b>18.95</b>

## lala's specials

<b>arroz del campo</b>	sautéed green & red bell peppers, garlic, onions & mushrooms tossed with yellow rice in a creamy tomato sauce, topped with feta cheese	<b>10.95</b>	add chicken or sausage	<b>3.00</b>	add salmon	<b>6.00</b>
<b>milanesa</b>	thinly cut steak, breaded & lightly fried served with french fries	<b>13.95</b>				
<b>suprema</b>	boneless chicken breast, breaded & lightly fried served with french fries	<b>13.95</b>				
<b>milanesa napolitana</b>	thinly cut steak, breaded & lightly fried, topped with basil tomato sauce & melted cheese, served with mashed potatoes	<b>16.95</b>				
<b>suprema napolitana</b>	boneless chicken breast breaded & lightly fried, topped with basil tomato sauce & melted cheese, served with mashed potatoes	<b>16.95</b>				
<b>entraña al champignon</b>	grilled Certified Angus Beef skirt steak topped with sautéed mushrooms in a light red wine cream sauce, served with mashed potatoes	<b>24.95</b>				
<b>lomo Lala's</b>	grilled Choice center cut filet mignon topped with sautéed mushrooms in a light red wine cream sauce, served with mashed potatoes	<b>28.95</b>				
<b>plato mixto</b>	(for two people) two grilled Italian sausages, sweetbread, New York steak, skirt steak & a half chicken served with two side orders	<b>55.95</b>				

## sides

<b>french fries</b>	<b>2.50</b>	
<b>side salad</b>	<b>2.50</b>	
<b>rice</b>	steamed with onions & peppers	<b>2.50</b>
<b>salsa</b>	chopped tomato & onion	<b>2.95</b>
<b>mashed potatoes</b>	<b>3.25</b>	
<b>grilled onions</b>	<b>3.50</b>	
<b>sweet potato fries</b>	<b>3.95</b>	
<b>LALA's mashed potatoes</b>	mashed potatoes & carrots	<b>3.95</b>
<b>porotos provenzal</b>	white beans tossed with onions, garlic, parsley	<b>3.95</b>
<b>anahaim peppers</b>	2 grilled peppers with chopped tomato and onions	<b>3.95</b>
<b>champignon mashed potatoes</b>	mashed potatoes topped with mushroom sauce	<b>4.95</b>
<b>broccoli</b>	sautéed with garlic and white wine	<b>4.95</b>

We do take out deliveries and parties too

## beverages

Coke		2.50
Diet Coke		2.50
Sprite		2.50
Lemonade		2.50
Iced Tea		2.50
Root Beer		2.50
Cranberry Juice	small	2.50
	large	3.25
Orange Juice	small	2.50
	large	3.25
Aqua Panna water	500 ml	4.00
	1 liter	6.50
Pellegrino sparkling	500 ml	4.00
	1 liter	6.50

## coffe & tea *all coffees can be decaf*

Coffee		2.50
Tea assorted		2.50
Mate Argentine tea		2.50
Espresso	single	2.75
	double	3.50
Cortado (macchiato)	single	2.75
	double	3.50
Cappuccino	single	3.25
	double	3.75
Latte	single	3.25
	double	3.75

## desserts *desserts a la mode 2.50*

**flan con dulce de leche** baked custard topped with caramel, served chilled **4.95**

**panqueque con dulce de leche** warm caramel crepes **5.95**

**queso y dulce** provolone cheese & quince preserves **5.95**

**cheesecake** traditional New York cheesecake **5.95**

**chocolate mousse cake** a light, tasty chocolate mousse cake **5.95**

**panqueque de banana con dulce de leche** warm caramel and diced bananas, caramelized sugar **7.95**



Now we bottle our homemade **chimichurri** for you to enjoy at home

9 oz. **6.95** 12oz **8.95** 16oz **10.95**

7229 melrose avenue **los angeles** p 323.934.6838 f 323.934.6836

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[lalasgrill.com](http://lalasgrill.com)

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